しょくたくまどうし
フェイトちゃん!
Meal Time Mage
Fate-chan
白凪マサ
Shiranagi Masa
AH, AREN'T YOU A LITTLE LATE FATE-CHAN?
SORRY FOR THE WAIT, NANOHA.
スッ
コトン
HUH? WHAT HAPPENED TO YOUR LUNCH BOX, NANOHA?
YOU FORGET IT?
FATE-CHAN SAID SHE'D MAKE LUNCH FOR ME TODAY, SO I DIDN'T BRING ONE.

BECAUSE WE HAVE GYM NEXT PERIOD...
OH...
...WAIT, WHY GYM CLOTHES?
HM?
THIS LUNCH IS FULL OF FOODS GOOD FOR SPORTS TO HELP YOU WITH GYM CLASS TOO.
LOOKS LIKE QUITE A LOT OF FOOD HERE...
YOU MAY HAVE MADE TOO MUCH.
L-LET'S GO AHEAD AND DIG IN FOR NOW.
THIS IS MIXED RICE? IT HAS A BIT OF A SWEET SMELL TO IT THOUGH...
YEAH, IT'S BANANA MIXED RICE.

WHAT'RE YOU PUTTING IN MIXED RICE!? AND WHY IS IT BANANAS?!
YOU SHOULDN'T MAKE FUN OF BANANAS. THEY'RE THE KING OF SPORTS FOODS.
THAT'S NOT THE POINT! I'M ASKING WHY YOU MIXED IT WITH RICE!

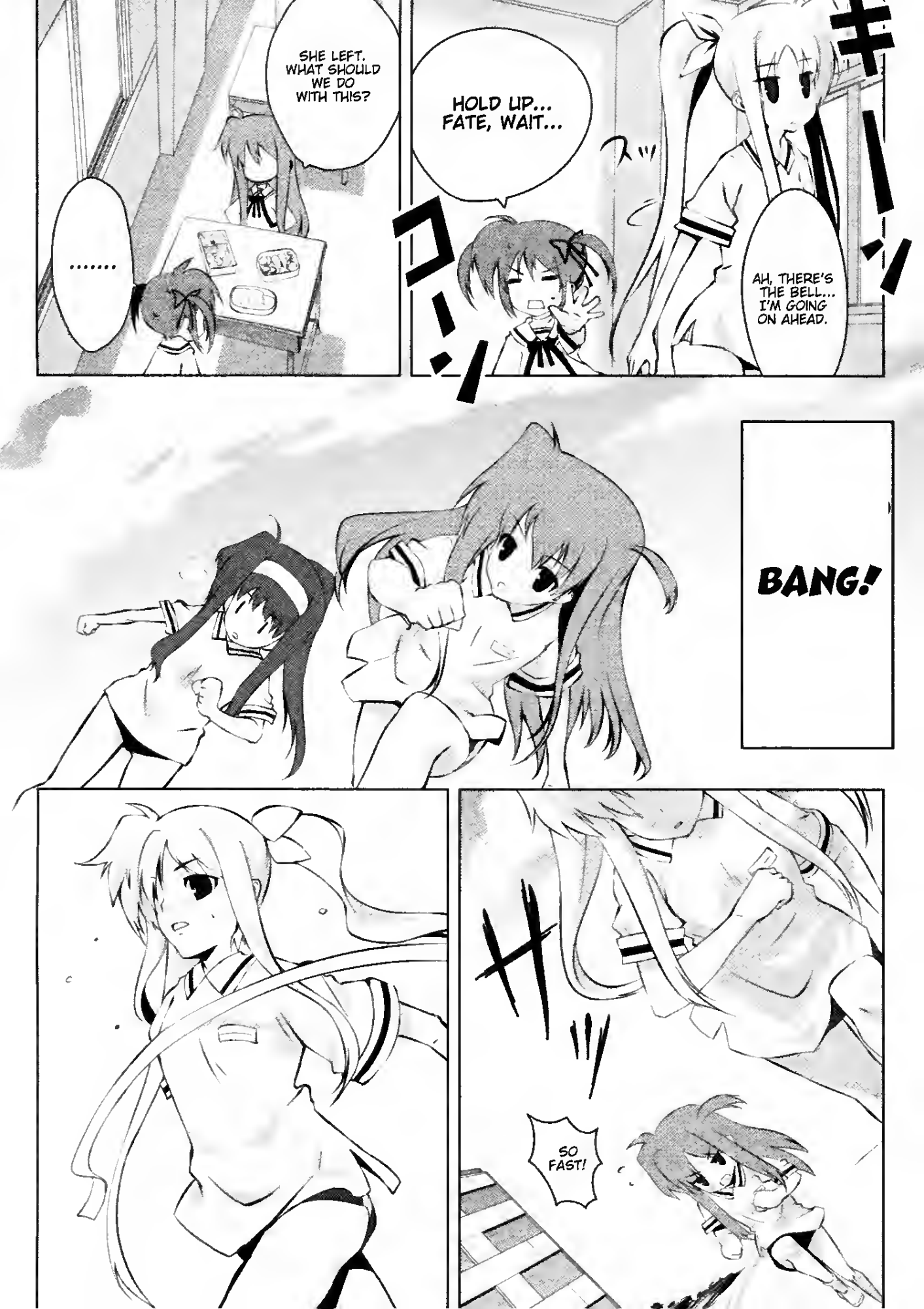
I'M A MEAL TIME MAGE, SO I STUDIED AND LEARNED A LOT.
THIS IS WHAT YOU LEARNED? YOU'RE A PART TIME MAGE. HOW DO YOU EVEN MIX THOSE UP?

BUT IT DIDN'T MATCH YOUR TASTES, HUH? THAT'S UNFORTUNATE.
THEN HOW ABOUT THIS SOUP?
I DON'T THINK THERE ARE MANY PEOPLE WHOSE TASTES THIS WOULD MEET.

BANANAS HAVE A LOT OF POTASSIUM, AID IN MUSCLE MOVEMENT AND SPEED UP DIGESTION...
NO, THAT'S NOT...!
...OKAY, FINE...
WOAH... THIS IS INTENSE.
LET ME HAVE A BITE.

A BANANA!
ドーン
プカ
トロ
THAT IS...
...WITHOUT A DOUBT
CAN YOU GUESS THE SECRET INGREDIENT?
もぐもぐ
.....
もぐもぐ
UM... IT'S NOT... MUCH OF A SECRET...
TICK... TOCK... TICK... BUZZ! YOU'RE OUT OF TIME. THE CORRECT ANSWER WAS "BANANA".
YOU CAN TELL JUST BY LOOKING AT IT! THAT ROD-SHAPED FRUIT IS IN PLAIN VIEW!
ROD-SHAPED FRUIT? HOW LEWD, NANOHA...
SHE'S STARTING TO TICK ME OFF NOW...

WELL, IF IT'S THIS..
I REALLY WANT YOU TO TRY MY MASTERPIECE: THE BOILED AND FRIED VEGETABLES.
OF COURSE. THOSE WERE SIMPLY LIKE JABS.
DON'T YOU HAVE ANYTHING MORE... NORMAL?
COME OOON! IS ALL OF IT BANANAS?
OF COURSE, THERE ARE BANANAS IN THEM.
WHAT DOES IT TASTE LIKE?
THAT'S NOT A SALAD! THAT'S JUST A MIXED PLATE OF BANANAS! ...AND DON'T FORCE YOURSELF TO EAT IT!
I TRIED DRESSING BANANAS WITH BANANAS.
BUT IT'S COVERED IN MAYONNAISE...
NO, NO, NO, NO. THAT CAN'T BE. SEE, THERE'S SALAD HERE... ER, HUH? IT'S SWEET...


SHE LEFT. WHAT SHOULD WE DO WITH THIS?
.....
HOLD UP... FATE, WAIT...
AH, THERE'S THE BELL... I'M GOING ON AHEAD.
BANG!
SO FAST!

AND TODAY MY BODY, NO, MY STOMACH WAS SOMEHOW LIGHT.
OH RIGHT, YOU DIDN'T ACTUALLY EAT ANYTHING TODAY
RRRRRRLLL
FATE-CHAN, YOU'RE REALLY LIGHT ON YOUR FEET~
I'M CONFIDENT IN MY MOBILITY.
HAA
HAA
AH~ I LOST TO FATE!
BEHOLD! THE UNTRODDEN PATH OF ONE WHO TURNS AWAY FOOD!
IN OTHER WORDS, "FOOD"!
THE MOST IMPORTANT THING IN SPORTS IS A FOUNDATION OF BUILDING ENDURANCE. AND FOR THAT YOU NEED PROPER NOURISHMENT.
SHUT YOUR STOMACH UP! IT UNDERMINES YOUR WHOLE ARGUMENT!
GRRRROOOWL

ぽ
あおお…
ふら
ふら
OOH...

She didn't even want to see any bananas for a while after that.
SO HUNGRY...
GRO WL
Meal Time Mage Fate-chan End

AND THIS IS WHY I SAY YOU NEED TO EAT ENOUGH BANANAS PRIOR TO DOING SPORTS.
IF YOU SKIMP, SOMETHING LIKE THIS HAPPENS..
NO, ISN'T THIS THE EXACT OPPOSITE?
IN FACT, YOU TOTALLY DIDN'T EVEN EAT ANY BANANAS, FATE.

NANOHA ANTHOLOGY 12
MEAL TIME MAGE FATE

CREDITS

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